

## Nature Ethics, Hints & Tips

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### Nature Ethics for Exploring the Outdoors

When you head outdoors for some exploring it is very important to be respectful of nature.

Follow the rule - look, listen, learn.

Try not to harm any wildlife, including plants. Please do not pick them.

Remember that you are a guest in nature, leave only footprints, take only photographs.

If you see some litter please pick it up and dispose of it properly, if you are able.

### Hints & Tips for Exploring the Outdoors

**When you head outdoors for some exploring try to remember the following items:**

Your nature backpack and supplies.

Sunscreen and a hat will be helpful if it is a sunny day. Insect repellent if needed.

Water and a healthy snack.

Make sure someone knows where you are going or better yet bring a friend.

An empty plastic bag to pick up any litter you might come across.

Camera and or phone.

**The best way to explore outdoors and enjoy wildlife is to make sure wildlife does not see you first.**

Wear drab - not bright colored clothes

Keep still. Wait for animals to come to you. Don't follow, chase or harass them.

Crouch down low to disguise your shape.

When you do move, move slowly, especially if you see an animal.

Look up, down, in and under. Look big and small.

Listen for insects, frogs or fish jumping in ponds or lakes.

Use your hands, touch trees, rocks, grass etc.